**Forced Reflections**

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**Teaching Modality**
Online

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**Active Learning Technique Description**

With the awarded grant money, I was able to pilot public speaking software in my online public speaking class. I had them present a speech, re-watch their speech, and write a reflection on what they can do to improve.

This is a powerful tool for improving the public speaking skills of students. In addition, they earned a badge if they completed the reflection.

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**Active Learning Technique Steps**

Faculty can do this activity without Go-React, since we do not have a university-wide license.

1. Assign a presentation assignment and have students share the video to a discussion board so other classmates can see their videos.
2. Require students to re-watch their presentation to identify potential improvements and what they feel they did well.
3. Have students write this in a quick reflection.
4. Attach an achievement to this in Blackboard. Students can collect all badges to trade in for extra credit at the end of the semester.

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**Benefit to Student**

1. Students can see what they did well.
2. Students identify areas of improvement for their next presentation.

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**Active Learning Technique Components**

- Peer Discussion
- Gamification

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**Feedback**

**Improvement**